



NORTH WOLLONGONG SLSC TRAINING & CLUB CALENDAR 2009 - 2010

MAJOR SPONSORS



www.nwslsc.com.au

Please contact office to register interest for courses. Ph: 02 4229 7387.

AM PATROL PM PATROL

NOVEMBER:

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| 1 | SUN: | NIPPERS POINTSCORE #2 NWSLSC START 0900 SHARP. Proficiency for Bronze, ARC, IRB, SPINAL, DEFIB NWSLSC Rego 0930, 1000 start SHARP. 9 AM 1 PM |
| 3 | TUE: | ARC/Defibrillation Training NWSLSC 1830-2130 |
| 5 | THUR: | ARC/Defibrillation Training NWSLSC 1830-2130 |
| 7 | SAT: | South Coast Boat Series, Pambula. ASSURANCE DAY 2 NIPPERS FUNDRAISING IN COMMUNITY |
| 8 | SUN: | NIPPERS TRAINING DAY NWSLSC START 0900 SHARP. 2 AM 3 PM |
| 10 | TUE: | Spinal Course NWSLSC 1830-2130 |
| 12 | THUR: | Spinal Course NWSLSC 1830-2130 |
| 14 | SUN: | Sydney Water Series Round 2 Nippers AM, Seniors PM Helensburgh/Stanwell Park |
| 15 | SUN: | NIPPERS POINTSCORE #3 NWSLSC START 0900 SHARP 4 AM 5 PM |
| 18 | WED: | CPR - Public Course NWSLSC 1900-2100 |
| 21 | SAT: | Mollymook Classic, Mollymook |
| 22 | SUN: | NIPPERS POINTSCORE #4 NWSLSC START 0900 SHARP Senior Point Score #1 NWSLSC Start 1100 Proficiency for Bronze, ARC, IRB, SPINAL, DEFIB NWSLSC Rego 0930, 1000 start SHARP. 6 AM 7 PM |
| 28 | SAT: | Sydney Water Round 3 Nippers AM, Seniors PM Bellambi |
| 29 | SUN: | NIPPERS POINTSCORE #5 NWSLSC START 0900 SHARP. 8 AM 9 PM |

DECEMBER:

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| 1 | TUE: | Bronze Medallion NWSLSC 1830-2130 |
| 3 | THUR: | School Surf Carnival North Wollongong Bronze Medallion NWSLSC 1830-2130 |
| 5 | SAT: | Sth Coast Boat Series Warilla |
| 6 | SUN: | NIPPERS STACEY JOLLY WITH CITY BEACH NIPPERS NWSLSC START 0900 SHARP. Senior Point Score #2 NWSLSC Start 1100 Bronze Medallion NWSLSC 0830-1230 1 AM 2 PM |
| 8 | TUE: | Bronze Medallion NWSLSC 1830-2130 |
| 10 | THUR: | Bronze Medallion NWSLSC 1830-2130 |
| 12 | SAT: | Bronze Medallion NWSLSC 0830-1600 NSW Interbranch Championships Cape Hawke |
| 13 | SUN: | NIPPERS XMAS BREAKUP NWSLSC START 0900 SHARP. Xmas Handicap Swim Seniors Jim Kerry Ocean Swim - Annual Event Check for further registration info. Bronze Medallion NWSLSC 0830-1600 Proficiency for Bronze, ARC, IRB, SPINAL, DEFIB NWSLSC Rego 0930, 1000 start SHARP. NSW Interbranch Championships Cape Hawke 3 AM 4 PM |

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| 16 | WED: | CPR - Public Course NWSLSC 1900-2100 |
| 19 | SAT: | Patrols 0945-1400 5 AM 5 PM Sydney Water Series Round 4 Nippers AM, Seniors PM Towradgi |
| 20 | SUN: | Bronze Medallion NWSLSC 0830-1230 Proficiency for Bronze, ARC, IRB, SPINAL, DEFIB NWSLSC Rego 0930, 1000 start SHARP. 6 AM 7 PM |
| 25 | FRI: | 8 AM 9 PM |
| 26 | SAT: | Patrols 0945-1400 1 AM 1 PM |
| 27 | SUN: | 2 AM 3 PM |
| 28 | MON: | 4 AM 5 PM |
| 30 | WED: | Proficiency for Bronze, ARC, IRB, SPINAL, DEFIB NWSLSC Rego 0930, 1000 start SHARP. |

JANUARY:

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| 1 | FRI: | 6 AM 7 PM |
| 2 | SAT: | Patrols 0945-1400 8 AM 8 PM |
| 3 | SUN: | 9 AM 1 PM Dial Before U Dig George Bass Marathon 3rd-9th Far Sth Coast |
| 9 | SAT: | Sth Coast Boat Series Corrimal Patrols 0945-1400 2 AM 2 PM |
| 10 | SUN: | 3 AM 4 PM |
| 12 | TUE: | ARC/DEFIBRILLATION NWSLSC 1830-2130 |
| 14 | THUR: | ARC/DEFIBRILLATION NWSLSC 1830-2130 |
| 16 | SAT: | ASRL (Australian Surf Rowers League) - Wanda Intercities Patrols 0945-1400 5 AM 5 PM |
| 17 | SUN: | NIPPERS TRAINING DAY NWSLSC START 0900 SHARP. 6 AM 7 PM |
| 19 | TUE: | Spinal NWSLSC 1830-2130 |
| 21 | THUR: | Spinal NWSLSC 1830-2130 |
| 23 | SAT: | ASRL (Australian Surf Rowers League) - Manly Patrols 0945-1400 8 AM 8 PM |
| 24 | SUN: | NIPPERS POINT SCORE #6 NWSLSC START 0900 SHARP. ASRL (Australian Surf Rowers League) - Freshwater Sandon Point Swim 9 AM 1 PM |
| 26 | TUE: | Aquathon Wollongong Harbour go to www.aquathon.com.au for details 2 AM 3 PM |
| 27 | WED: | CPR Public Course NWSLSC 1900-2100 |
| 30 | SAT: | McDonalds Nipper Clinic/Berg Board Battle Bulli Sth Coast Boat Series Woonona |
| 31 | SUN: | McDonalds Junior Carnival - No nippers this day 4 AM 5 PM |

FEBRUARY:

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| 2 | TUE: | Bronze Medallion NWSLSC 1830-2130 |
| 4 | THUR: | Bronze Medallion NWSLSC 1830-2130 |

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| 6 | SAT: | Branch Board Riding Championships Sandon Pt ASRL Wollongong City |
| 7 | SUN: | NIPPERS POINT SCORE #7 NWSLSC START 0900 SHARP. Senior Point Score #3 NWSLSC Start 1100 Bronze Course No 3 0830-1230 Bronze Medallion NWSLSC 1830-2130 6 AM 7 PM |
| 9 | TUE: | Bronze Medallion NWSLSC 1830-2130 |
| 11 | THUR: | Bronze Medallion NWSLSC 1830-2130 |
| 13 | SAT: | Bronze Medallion NWSLSC 0830-1600 Branch Junior Towradgi |
| 14 | SUN: | No Nippers held this day - Branch Carnival Continues Bronze Medallion NWSLSC 0830-1600 Branch Senior Towradgi 8 AM 9 PM |
| 19-21: | | NSW Age Junior Surf Life Saving Championships Swansea Belmont |
| 21 | SUN: | NO NIPPERS HELD THIS DAY - STATE CARNIVAL CONTINUES Bronze Medallion NWSLSC 0830-1230 1 AM 2 PM |
| 24 | WED: | CPR Public Course NWSLSC 1900-2100 |
| 25-28 | | NSW Allphones Masters Surf Lifesaving Championships Swansea Belmont |
| 28 | SUN: | NIPPERS POINT SCORE #8 NWSLSC START 0900 SHARP. 3 AM 4 PM |

MARCH:

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| 7 | SUN: | NIPPERS BREAKUP DAY & CLUB CHAMPIONSHIPS NWSLSC START 0900 SHARP. 5 AM 6 PM |
| 9 | TUE: | ARC/DEFIBRILLATION NWSLSC 1830-2130 |
| 11 | THUR: | ARC/DEFIBRILLATION NWSLSC 1830-2130 |
| 12 | FRI: | Social Night - Junior parents, seniors & friends welcome NWSLSC Start 1900 |
| 14 | SUN: | 7 AM 8 PM |
| 16-22 | | Australian Surf Life Saving Championships Kurrawa |
| 16 | TUE: | Spinal NWSLSC 1830-2130 |
| 18 | THUR: | Spinal NWSLSC 1830-2130 |
| 21 | SUN: | 9 AM 1 PM |
| 24 | WED: | CPR Public Course NWSLSC 1900-2100 |
| 28 | SUN: | Nippers Presentation Day NWSLSC Time TBA 2 AM 3 PM |

APRIL:

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| 2 | GOOD FRIDAY: | 4 AM 5 PM |
| 3 | EASTER SAT: | 6 AM 7 PM |
| 4 | EASTER SUN: | 8 AM 9 PM |
| 5 | EASTER MON: | 1 AM 2 PM |
| 11 | SUN: | 3 AM 4 PM |
| 18 | SUN: | 5 AM 6 PM |
| 25 | SUN: | 7 AM 8 PM |

SPONSORS

